



*Tree Essences for E-Motional Feelings
Body Synergy Essences*

Nervous Tree Essence

1 oz. bottle

Suggested Use: 1 dropper full first thing in the morning and 1 dropper full last thing in the evening is the normal dose. If you take these essences as directed they will last about 10-12 days.

NOTE: If working with an Essence Practitioner you may be advised a different suggested use.

Contents: Essences of American Basswood, Avocado, Gingko, Lodgepole Pine and Witch Hazel in a base of Double Helix Water®.

E-motional & physical feelings to consider:

- Nerve pain
- Focus attention
- Trembling
- Insomnia
- Hyperactive
- Issues with speech
- Irritable
- Unable to relax
- Overactive thoughts
- Sensitivity
- Fidgeting
- Breathless

CAUTIONS: None. Essences are safe to use with any foods, medications or supplements.

These Essences should not be diluted into any other water, drink, or food and should be taken on an empty stomach. The essences should be used up after opening. If unopened these essences will last indefinitely. Essences should be kept in a cool dry place, out of the sunlight or near any electromagnetic fields such as microwaves, computer, etc.

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